

COVID 19 - Alert 1

[Practicing good public health measures](#)



Zone Cross Country

- Date:** Tuesday 7 September 2021
- Postponement Day:** Thursday 9 September 2021
- Time:** 10:00am – 2:00pm
- Venue:** [McArthur Ridge](#), off Springvale Road (*look out for the Dunstan Zone Tear-drop Flag*)
- Approx. 3km up McArthur Road, to the end of the tar seal and turn right.
 - If you hit the gravel road, you have gone too far.
- Event Organiser:** Clyde School – Steph Kitto
- Cost:** Entry Fee is **\$4 per child**
- Entries:** Closing date for entries - **Wednesday 1 September 2021 at 5:00pm.**
- Conditions of Entry:** * All year group races are separate.
** All runners need to be able to run the distance comfortably without stopping.

CATEGORY	QUALIFYING NUMBER
YEAR 5 GIRLS	5
YEAR 5 BOYS	5
YEAR 6 GIRLS	5
YEAR 6 BOYS	5
YEAR 7 GIRLS	5
YEAR 7 BOYS	5
YEAR 8 GIRLS	5
YEAR 8 BOYS	5

POSTPONEMENTS

- The cross country will only be postponed if weather and road conditions are really bad – please refer to COPSSA Postponement and Cancellation Policy.
- A notice will be put on the Clyde School Website www.clydeschool.co.nz by 8:00am on the morning of the event advising if the cross country is on or postponed.
- School Sports Coordinators will also be emailed if postponed (*individual schools to inform their parents*).

COURSE

- McArthur Ridge - complete with hills, running amongst grapevines and open terrain running.
- [Link to Course Maps](#)
- Course Distance:
 - ⇒ Year 5 and 6 approx. 1800m
 - ⇒ Year 7 and 8 approx. 2.5km
- Results will be based on placings not times (i.e., no timing system)

RUN SHEET

**** Important – times are approximate so please be ready for races early ****

- | | |
|-----------|---------------------------------------------------------|
| ▪ 10.00am | ⇒ Registration
⇒ Briefing for Marshals |
| ▪ 10:30am | Walk the track (<i>All participants and marshals</i>) |
| ▪ 11:15am | Briefing for all competitors |
| ▪ 11:30am | Year 5 Girls |
| ▪ 11:45am | Year 5 Boys |
| ▪ 12:00pm | Year 6 Girls |
| ▪ 12:15pm | Year 6 Boys |
| ▪ 12:30pm | Year 7 Girls |
| ▪ 12:45pm | Year 7 Boys |
| ▪ 1:00pm | Year 8 Girls |
| ▪ 1:15pm | Year 8 Boys |
| ▪ 1:30pm | Announcement of results |

OTHER INFORMATION

Catering:

- Clyde School Year 8s will provide a 'sausage sizzle' - \$3.00 each; *and*
- Espresso 2 Go will be onsite with hot drinks available for purchase.

Certificates: Schools can award certificates for 1st, 2nd and 3rd individuals in each category.

Health/Safety: *A RAMS document will be circulated to schools prior to the event, however this information below is specific to McArthur Ridge Vineyard:*

- ⇒ Runners must wear clean running shoes
- ⇒ McArthur Ridge will be responsible for ensuring all tracks and rows competitors run down are cleared of any rabbit holes, ditches and large rocks (*non-checked rows will be taped off*)
- ⇒ Main hazard is the ground, i.e., uneven surfaces and rabbit holes
- ⇒ McArthur Ridge Vineyard is a non-smoking venue, any persons who wish to do so must leave the property
- ⇒ **NO DOGS are permitted at the event due to stock in nearby paddocks**
- ⇒ Private vehicles must give way to all vineyard machinery
- ⇒ Someone will be directing traffic from McArthur Road down Row 4
- ⇒ Rubbish is to be discarded in the bins provided by McArthur Ridge
- ⇒ Spectators can walk or park in marked areas, not in long grass and keeping to marked tracks while moving through the property.
- ⇒ In the event of an evacuation, the continual sounding of air horns will be used to alert competitors. They will be required to make their way back to the start/finish line and directed to the evacuation point, where all competitors will be marked as present. If not recorded, a search team will need to check the course for anyone not at the evacuation point, which is the end of Row 4
- ⇒ All Competitors enter the property at own risk.

First Aid: We will have a dedicated First Aider onsite.

Toilets: Portaloos available onsite.

Parking: There will be a designated parking area away from the Start / Finish Line.

Marshals: All Schools need to provide one marshal for the course.
Smaller schools can provide one marshal between them.
Names of marshals need to be emailed to Steph Kitto by – **Wednesday 1 September 2021.**