



Central Otago Swimming Championships
Wednesday 5th June 2019
Cromwell Swim Centre

Qualification criteria

Zones may enter six (6) boys and six (6) girls in the championship (50m events). Championship swimmers must swim all 5 events to compete in the championship. These events are;

- Freestyle
- Backstroke
- Butterfly
- Breaststroke
- 100m Individual Medley

Championship swimmers may not swim in 25m age group events but can be included in relays.

Zones may enter six (6) boys and six (6) girls in age group 25m freestyle and backstroke events.

Zones may enter four (4) boys and four (4) girls in age group 25m butterfly and breaststroke events.

These events are;

- Breaststroke
- Butterfly
- Freestyle
- Backstroke

Zones may enter 2 teams in each relay event.

This is a COPSSA event and is not sanctioned by FINA, Swimming New Zealand or Swimming Otago.

Entries for this championship event are from each zone cluster championship. Individual schools may not enter competitors into this event.

- Entry fee is **\$3 per child**.
- Each school will be invoiced by COPSSA.
- Entry forms will be online [here](#)

Registration

- Is to be completed by 3pm Wednesday 29th May

Venue

- [Cromwell Swim Centre, Barry Ave, Cromwell](#)

Times

- 9.30am – 3.00pm (please arrive with ample time to prepare before meet begins)

Awards

- Trophies will be handed out on the day of competition for championship events.

First Aid

- First aiders on hand
- Lifeguards at complex

Parking:

- There is parking around streets near pool complex.

Marshalls & Staffing

- **Schools from each zone will need to provide officials to help with running of the meet. A minimum of 18 timekeepers, referee, JOS, starter, marshall, recorder and IOT are required to run a swim meet.**

Any queries please email;

Anna Harrison

principal@goldfields.school.nz

Jamie Lane

jamiel@wanaka.school.nz

Programme of Events

Session 1 9:30am start	Session 2 - after 30 minute lunch break
<p><u>Event</u></p> <ol style="list-style-type: none"> 1. Open Boys, Champ. 50m freestyle 2. Open Girls, Champ. 50m freestyle 3. 9 + under Boys, 25m freestyle 4. 9 + under Girls, 25m freestyle 5. 10 year Boys, 25m freestyle 6. 10 year girls, 25m freestyle 7. 11 year girls, 25m freestyle 8. 11 year boys, 25m freestyle 9. 12 + over boys, 25m freestyle 10. 12 + over girls, 25m freestyle 11. Open Boys, Champ. 50m backstroke 12. Open Girls, Champ. 50m backstroke 13. 9 + under Boys, 25m backstroke 14. 9 + under Girls, 25m backstroke 15. 10 year Boys, 25m backstroke 16. 10 year Girls, 25m backstroke 17. 11 year Boys, 25m backstroke 18. 11 year Girls, 25m backstroke 19. 12 + over Boys, 25m backstroke 20. 12 + over Girls, 25m backstroke 21. Open Boys, Champ.50m breaststroke 22. Open Girls, Champ.50m breaststroke 23. 9 + under Boys, 25m breaststroke 24. 9 + under Girls, 25m breaststroke 25. 10 year Boys, 25m breaststroke 26. 10 year Girls, 25m breaststroke 27. 11 year Boys, 25m breaststroke 28. 11 year Girls, 25m breaststroke 29. 12 + over Boys, 25m breaststroke 30. 12 + over Girls, 25m breaststroke <p><u>Lunch: 30 minute break unless otherwise notified</u></p>	<p><u>Event</u></p> <ol style="list-style-type: none"> 31. Open Boys, Champ. 50m fly 32. Open Girls, Champ. 50m fly 33. 9 + under Boys, 25m fly 34. 9 + under Girls, 25m fly 35. 10 year Boys, 25m fly 36. 10 year Girls, 25m fly 37. 11 year Boys, 25m fly 38. 11 year Girls, 25m fly 39. 12 + over Boys, 25m fly 40. 12 + over Girls, 25m fly 41. Open Boys, Champ. 100m Individual Medley 42. Open Girls, Champ. 100m Individual Medley <p><u>Relays:</u></p> <ol style="list-style-type: none"> 43. 4 X 25m freestyle relay, 9 + under boys 44. 4 X 25m freestyle relay, 9 + under girls 45. 4 X 25m freestyle relay, 10 years boys 46. 4 X 25m freestyle relay, 10 years girls 47. 4 X 25m freestyle relay, 11 years boys 48. 4 X 25m freestyle relay, 11 years girls 49. 4 X 25m freestyle relay, 12 + over boys 50. 4 X 25m freestyle relay, 12 + over girls 51. 4 X 25m medley relay, open, mixed.

Central Otago Swimming Championships Meet Rules & Conditions

Each zones' children must be under the control of the team manager/s appointed by the zone. Children must be supervised at all times. It is the manager's responsibility to ensure children go to the marshalling area at the appropriate time prior to their events.

Swimmers may enter in only one age group. Children opting to swim in the Open Championships may not swim in the age group races as well.

Relays: Four swimmers in each relay. Swimmers can only swim one leg of the relay each. Mixed relays must have at least one swimmer of the opposite sex. Swimmers in the relays may swim 'up' an age group but not 'down'.

Swimming strokes will be in accordance with FINA Rules (Swim NZ Rules). A summary of these is attached. Please contact Anna Harrison if you have any queries regarding the interpretation of these rules. Swimmers will be disqualified for incorrect stroke, start, turn and finish.

Team managers are asked to come to the office to collect details of disqualifications at the end of the meet. Team managers should pass this information to the swimmers. Swimmers may not be notified at the time of disqualification. Disqualification slips that are not collected will be sent to the school with the results.

The order for the Individual Medley race is: butterfly, backstroke, breaststroke, freestyle.

The order for the Medley Relay is: backstroke, breaststroke, butterfly, freestyle. Only children entered in the championship event can swim in the medley race. This is due to time constraints.

Length of races: Age groups events -1 length, 25m.
 Open championships -2 lengths, 50m.
 Individual Medley - 1 length of each stroke, 100m total

The meet will be conducted under the one start rule

- Any swimmer who starts before the starting signal will be disqualified.

The starter will blow a whistle for swimmers to move onto the blocks, or onto the pool edge, say "Take your marks" (swimmers must have at least one foot at the front of the blocks), and then activate an electronic "beep" to start the race. If **any** swimmer false starts before the "beep", the swimmers will be asked to stand down and the race start will commence again. The infringing swimmer will not be allowed to race. Tell your children that they must remain on the starting blocks, even if another swimmer has entered the pool early.

Championship Cups will be awarded to the boy and girl obtaining the highest aggregated points in the Championship events.

First	=	6 points
Second	=	4 points
Third	=	3 points
Fourth	=	2 points
Fifth	=	1 point
Sixth	=	1 point

All events will be run as timed finals. The overall placings will be determined by time. No finals will be held.

As there will be limited poolside space, most competitors will need to assemble upstairs in the spectator's gallery. Marshalling for each event will be notified on whiteboards. Children need to assemble at the paddling pool end of the pool 3 races prior to their race commencing.

A draft programme will be emailed to each school. 2 copies of the updated programme per school can be collected from the pool office on arrival at the pool on the day of the even. Additional programmes will be on sale for \$1 each.

No substitutes can be made on the day. Scratchings must be notified to officials based in the Cromwell Swim Centre Meeting Room office prior to 9:15am.

A 30-minute lunch break will be held at the conclusion of the breaststroke races, unless otherwise notified during the meet.

Results will be posted on the windows by the paddling pool and in the foyer.